



WCCC News - October 2017

October? The last couple of weeks seemed more like August than September with high temperature and high humidity. Great riding weather!

Our artist of the month is **Judy Head** and our Sponsors Spotlight this month is on **The Whip Tavern** and **Farmers Insurance JC Allred Agency**.

October Events & Organized Rides

Two organized rides on the WCCC Site – Main Line Animal Rescue Gran Fondo on Saturday, 10/7. See our rides page for a WCCC discount code. On Sunday 10/15, look for the FARA RideATAXIA ride and again, see our rides page and join the WCCC/JM team. The former has a beer garden and live band and the latter has amazing food and Victory Beer.

I'm not sure if there are any spots left for the [WCCC Skills Clinic](#) on October 1, but kudo's to Steve K and his team for organizing this clinic and helping to make us better cyclists! Thanks also to the many who joined the WCCC Fall Classic! Visit the [WCCC Facebook page](#) for photos from Brian Oberholtzer (who also drove the SAG vehicle (thanks Obie)!

Safety

See the [Riding Safety Tips](#) on the WCCC [Rides](#) page and for those scheduled to participate in the [WCCC Skills Clinic](#) on October 1, thank you!

This month's topic courtesy of Mike De Franco – **Safely crossing train tracks**

To safely cross railroad tracks without changing direction in the lane you can employ the double lift method. You need to slow down a little bit to give enough time in-between the tracks. What you do is as your front wheel approaches the first track, lift it off the ground slightly so it doesn't touch the track. And then again, lift your front wheel over the second track. You have to be quick to this and during both lifts let the rear wheel travel over the tracks. Using this method eliminates riders crossing paths and traveling close or over the yellow line.

As always, make your goal to have accident free rides. Stay in control and make it your responsibility to be a safe and courteous cyclist every time you ride.

Extras

WCCC Party Ambassador (Cristy Waite) will let you know when and where our next Club social will occur. It's likely to include a Fit Kit party where our Voler reps come out with items for you to try on. This is important as ALL our clothing is custom made and sizing does vary between clothing items. Don't be surprised in February – try items you want to purchase first!

WCCC's Member Spotlight for October 2017

Judy Head (Musician)

If you ride with Bob Morris, you likely know Judy Head. What you may not know is that Judy plays the violin "old time fiddle style", a genre of America folk music. She's been playing for the past 10 years (although she did play from Kindergarten to 3rd grade and a year in high school too) and helped start a band called the Firefly Gals. The Firefly Gals play at fundraisers, churches, parties and dances.

Search Facebook for Firefly Gals Malvern to see the full band, photos and even a video of Judy performing with others. The Facebook page also shares when/where they perform and hopefully you will get a chance to see them live!

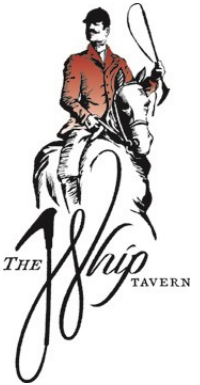


Enjoy and keep letting [me](#) know about fellow WCCC artists and their incredible talents!!

WCCC's Sponsor Spotlight for September 2017

The Whip Tavern

For those of you who have been with the Club for a couple of years, you have likely ridden to or past The Whip Tavern pretty often. Some may have started/finished rides there (we are due for another such Whip Ride). Smack in the middle of amazing nothingness (corner of Rt 841 and Springdell), The Whip is a great place and owner K.C. Kulp, a fellow WCCC member, and his staff do an amazing job. If you are a Zagat's follower, here's their latest blurb: "A rare find in the heart of beautiful horse country, this authentic English pub in Coatesville offers pints and excellent U.K.-inspired comfort-food standards..." Oh, and yes, they serve beer. They've received rave reviews from food experts and "Best of" awards galore, but decide for yourself when you visit for lunch, dinner or just a pint or two!



For more info, please visit <http://www.thewhaptavern.com/>



Farmers Insurance – JC Allred Agency

One of the more recent sponsors is the JC Allred Agency. Yes, JC is a WCCC member and is also a ride leader and our Club Treasurer, so he is most definitely involved in the WCCC! His agency is relatively new. It is located in the East Goshen Village Shopping Center (1532 Paoli Pike West Chester, PA 19380, specifically) and his insurance agency offers pretty much anything most of us would need. Whether you are shopping around because your policies are up for renewal or whether you simply aren't sure if you have the right amount of coverage, wouldn't it be better to work with someone who you know and who you have cycling in common with? Give him a call at (484) 880-4440 and set up some time to discuss what your family's insurance needs are and see where the chat takes you.



Please visit JC's Farmers Insurance site at <https://agents.farmers.com/pa/west-chester/j-c--allred> or his corporate Facebook page at <https://www.facebook.com/JCAllredFarmersInsurance/>

I love that he puts the Farmers "chime" into his Facebook banner, especially given where his logo is placed on the WCCC kit!

Sponsors previously highlighted: Iron Hill Brewery & Restaurant (April), Design 6 Degrees (May), Stillman Volvo (May), McElree Harvey (June), Naturescapes (June), M2VP (July), Chester County Eye Care (July). Benchmark Twilight Criterium (August), Jester Family Chiropractic (August), Haverford (September) and Mauger Mechanical (September).

That's if for this month folks – Have Fun and Ride Safely!