



WCCC News - September 2017

Happy Labor Day and sorry I'm a couple of days late. September just kind of snuck up... and with September comes generally cooler weather, although given our year so far, Wet Chester may keep its name. Still, plenty of good riding for you and yours!

Our artist of the month is **Glenn Lyons** and our Sponsors Spotlight this month is on **Haverford** and **Mauger Mechanical**.

September Events & Organized Rides

As of Sept 4, we have the Honor Ride (supporting Veterans) on Sept 16, the WCCC Fall Classic (no fee ride starting and ending at Shady Maple) on Sept 23, and 4 rides on Sept 30 – The Shoo Fly Classic, Bike the Brandywine, the Savage Century and the Reading Pagoda. Check the Rides Page for more details. Get out and ride and yes, be safe when you do!

Another special thank you to all who helped with the Crit in August. A great day for cycling in West Chester and not even remotely possible without the tremendous volunteer support!

Safety

Read the Riding Safety Tips on the WCCC Rides page. It's important and relevant. We also have a Safety Committee of fellow WCCC Club Members. Stay tuned for more from them, but mark your calendars for the Steve K organized Bike Skills Clinic. It's tentatively scheduled for Sunday, October 1 from noon to 4PM. More soon.

Topics this month courtesy of Michelle Ballard and Bob Morris: Identification, Helmets, leaves and the Yellow Line.

Identification – Although I think the Road ID folks are a bunch of jerks because they refused to even reply to the WCCC when we asked to purchase 500 coupons for all of our Club members, they do have an overpriced product that has merits, namely an ID bracelet you can wear that includes your name, emergency contact info, blood type, known allergies, etc. For even more money, they will hide all that and force a first responder to call a phone number to get it. Bitterness aside, do carry identification, ideally on your wrist or ankle and include an ICE (In Case of Emergency) number on your phone. On the iPhone, the ICE number can be accessed even with the phone locked and there are android apps that do the same for most other popular phones. We used to suggest having ID fastened to your helmet, but no one should ever touch a person's head if they crash. At worst case, carry ID in your bike pouch with your spare tube or in the back of your jersey. It's not as quick for someone to find but if someone needs to know the details at a hospital, they'll find it. Also good to include your insurance carrier and policy number since healthcare is not free, but either way, carry identification. As FYI, anyone who knows the super-secret username and password to get into the WCCC membership directory can also click on the ECI (Emergency Contact Information) link on the Rides page. It's the button just below the Ride Waiver immediately to the left of the Rides buttons.

Helmets – You already know that you must wear a helmet if you ride with the WCCC, but you should wear a cycling helmet properly. You should be able to put NO MORE than two fingers, horizontally between your

eyebrow and the front of the helmet. If you can fit three fingers there, you are wearing your helmet too far back on your head. PLEASE tilt it forward and adjust the straps so it stays in place.

Leaves - Wet leaf season is coming. Avoid wet leaves like the plague. Walk your bike over wet, metal bridges. Too many people crash on leaves and metal – they're slippery like wet ice on wet ice.

Yellow Line - NEVER cross the yellow line in the middle of the road, ESPECIALLY when the yellow line is invisible. We ride on lots of narrow, twisty country roads with low traffic. However, we need to always keep right to avoid a head-on collision. Sometimes cars violate this rule and that can be very bad news for cyclists! Sight lines on these roads can be very short: we can't see oncoming vehicles until the last second, and they can't see us. Stay right!

As always, make your goal to have accident free rides. Stay in control and make it your responsibility to be a safe and courteous cyclist every time you ride.

Extras

We are still planning a nutrition and hydration clinic, and our WCCC Party Ambassador (Cristy Waite) has pending party plans.

WCCC's Member Spotlight for September 2017

Glenn Lyons – Musician

WCCC, meet Glenn Lyons. For those who ride on Tuesdays, Thursdays and Sundays with the Shaw's Bridge Group, you already know Glenn (or at least ride with him already). Those who ride Saturday's with Frank will also know Glenn. Glenn is a musician, specifically a guitarist who developed the classical guitar program at West Chester University and much more. He shared samples that I listened to when writing this newsletter. Breathtaking is the best word for his work, in my opinion. He's since retired from WCU (hence his many weekly rides), I copied the following from the site (<https://www.wcupa.edu/music/appliedMusic/gLyons.aspx>).

Glenn Lyons studied with Aaron Shearer and also performed in Master Classes for Manuel Barrueco, Benjamin Verderey, Turibio Santos, John Mills, and Christopher Parkening.



He is responsible for developing the classical guitar program at WCU and establishing the WCU guitar ensemble, which performs at various functions on and off campus, and has become the largest and most highly developed in the region.

Professor Lyons is active as a solo performer, having appeared as concerto soloist with the Delaware Symphony, the Kennett Symphony, the Main Line Symphony, and on WTTG-TV in Washington, D.C. He is heard regularly in campus recitals and was invited to perform the opening recital of the Philadelphia Classic Guitar Society Concert Series in 1987.

Mr. Lyons has been performing guitar duo recitals with Christiaan Taggart at the University of Delaware and flute and guitar recitals with Ellen Fisher in Wilmington. Since November of 1997 Mr. Lyons has been composing music for seven-string guitar. California luthier Randall Angella made a seven-string guitar with additional bass range for Professor Lyons in 1997. Glenn Lyons performed Concerto Elegiaco (No. 3) for guitar and orchestra by Cuban composer Leo Brouwer with the Main Line Symphony on February 19, 1999. He performed a recital for the Philadelphia Classical Guitar Society on March 20, 1999. In 2001 Glenn Lyons produced a CD of original music for seven-string guitar solo, guitar duo and guitar trio.

Enjoy and keep letting me know about fellow WCCC artists and their incredible talents!!

WCCC's Sponsor Spotlight for September 2017



THE HAVERFORD TRUST COMPANY

Haverford

Their tag line is “Quality Investing” and they’ve been in business since 1979 and now have over 80 employees and \$7.4B in assets under management. How did Haverford learn about the WCCC? **Tim Hoyle**, a sometime Ride Leader (the A+ folks likely know him best) is their Co-Chief Investment Officer and Director of Equity Research. His brief bio is at <http://www.haverfordquality.com/officers/timothy-a-hoyle> and he’s officially a CFA. Why so much focus on Tim instead of Haverford? Largely because the company believes they should get to know you and your needs at every level, so why not get to know Tim better... Is Haverford right for you? That’s your decision, but they certainly have been a long-standing sponsor of the WCCC and for that we say “Thank you”!



For more info, please visit <http://www.haverfordquality.com>



Mauger Mechanical

The name on our jerseys is likely a misnomer as Mauger Mechanical is only a glimpse into what this company is about. In fact, they have 3 separate companies that service West Chester, Pottstown, Royersford and chances are very good that if you ride with the WCCC, Mauger can help you if you need heating oil, HVAC services or commercial fuel. Mauger started when Clyde A Mauger, III (known to all as “Bud”) was approached by our WCCC MTB folks. They actually spoke to him on an MTB ride as Bud was an avid cyclist. Sadly Bud passed away in 2010 but his son, Bud IV not only took over the family business, but also continued the long-standing tradition of supporting the WCCC. For that we again say, “Thank you” to Mauger Mechanical aka Mauger Energy!

Please visit their website at <http://maugereenergy.com>

Sponsors previously highlighted: Iron Hill Brewery & Restaurant (April), Design 6 Degrees (May), Stillman Volvo (May), McElree Harvey (June), Naturescapes (June), M2VP (July), Chester County Eye Care (July). Benchmark Twilight Criterium (August), Jester Family Chiropractic (August).

That’s if for this month folks – Have Fun and Ride Safely!

Thanks, Viktor

